What am 1?

I don't control all of my body; does it mean it is not a part of me?

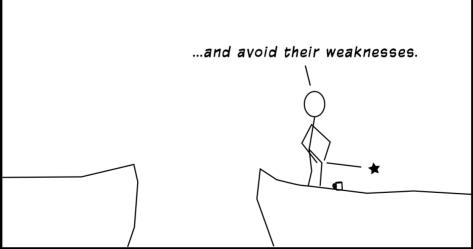


Maybe I need to learn to tame it like a horse, in order to better use it?

become weak and useless.

IF I don't use my legs, then they will

If I train my legs, then they will become stronger and I will learn to use their strengths...



exercise and eating properly

Some parts, like the heart, might seem out of my reach, but I still need to take care of them with

my body in order to become it.

It seems that I need to tame